

ORIENTATION UPDATE

PROVIDENCE COLLEGE NEW STUDENT ORIENTATION PROGRAM

AUGUST 2009

NEW STUDENT ORIENTATION

is designed to both acquaint students with Providence College and to welcome them to their new community.

During the program, students participate in a variety of workshops and activities, giving them the opportunity to meet and get to know their classmates, faculty, and college administrators.

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OL '09

MOVIN' ON UP

WHAT YOU NEED TO KNOW FOR 9/2

The time is almost here: Move-In Day! Here are a few things you should know about your arrival on campus on Wednesday, September 2nd:

PARKING

On September 2nd, residents of east campus (Dore, Davis, Bedford and Fennell Halls) should enter the campus via the Eaton Street Control Station, located off Eaton Street (opposite Pembroke Avenue). If your residence hall is located on the west campus, enter via the Huxley Avenue Control Station, located on Huxley Avenue. Please remember to have your hall and room number and cell phone information displayed on your Move-In Day Parking Permit, to be placed on your dashboard as you enter campus. The officer assigned to each gate will direct you where to unload your vehicle. Please activate your emergency flashers while dropping off your personal items at your residence hall.



ORIENTATION REGISTRATION

All students and any family members participating in the Orientation Program or welcome activities must officially register on September 2nd. Registration will take place in '64 Hall (in the Slavin Center) from 8am-1:30pm. Please note: Students already on campus for the Urban Action Program, International Student Orientation, Martin Luther King, Jr. Scholar programming, or PC Athletics team practice are still required to officially go through Orientation Registration on the 2nd.

ORIENTATION OPENING

New Student Orientation will begin promptly at 2pm in the Peterson Recreation Center. Please be sure to leave ample time for both move-in and registration prior to the beginning of the program.

OFFICE HOURS

Campus offices will be open at 8:30am should you have questions or need to stop in. The PC Bookstore will be open at 9am, and bank representatives will be available throughout the day in the Slavin Center to set up student checking and/or savings accounts.

H1N1 INFORMATION

WHAT TO DO IF YOU'VE GOT THE FLU

H1N1, also referred to as "swine flu," is a new influenza virus first detected in April 2009 in the United States. Other countries - including Mexico and Canada - have also reported people sick with this new virus. This virus is spreading from person-to-person, probably in much the same way that regular seasonal influenza viruses spread.

Influenza-like symptoms include a fever of 100°F or greater, and a sore throat and/or a cough. Additional symptoms include body aches, headache, chills, fatigue, diarrhea and

vomiting. Persons are contagious for H1N1 for about 24 hours prior to experiencing symptoms. If you exhibit symptoms, it is advised that you stay home for a period of seven (7) days once symptoms are noted, and should consult with your health-care provider for further guidance. Students who are ill for longer than seven days should remain at home until they are symptom-free for 24 hours.

If you are ill prior to Orientation, the Student Health Center recommends the following actions:

- Stay home if sick with ILI (see website for signs and symptoms)
- Seek care with your Primary Care Physician

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Orientation 2009
September 2-7

Have questions about the
Orientation program?

Email
orientation@providence.edu

Orientation Checklist

Don't forget the following items as you pack for move-in:

- ✓ YOUR COMPLETED ORIENTATION "VOLUNTARY RELEASE WAIVER" (See <http://www.providence.edu/Student+Life/New+Student+Orientation/Forms.htm> to download one)
- ✓ CLOSED-TOED SHOES, WORK GLOVES & CLOTHES YOU DON'T MIND GETTING DIRTY (for the Building Bridges Program)

SUPPORTING A SUCCESSFUL START

A MESSAGE FOR PARENTS

Dear Parents of the Class of 2013,

It is my great pleasure to extend to you my personal congratulations on your student's acceptance to Providence College, and a warm welcome to the PC community. I and the entire Student Affairs team are eagerly looking forward to getting to know the newest members of our campus community and their parents. Acceptance to the Class of 2013 is a powerful testament to your and your student's hard work, talent and dedication to his/her development, success and happiness. As you and your student begin what I hope will be a meaningful and lifelong connection to the PC community, I write to share with you one of the many ways Student Affairs engages with new students to ensure a successful start to their college experience.

If you are like most incoming freshmen and parents, you may be wondering, discussing or maybe worrying about how to navigate the numerous decisions which lie ahead during your student's first year in college. Even before your student arrives for orientation, I would like to share with you some strategies, opportunities and tools for addressing what will likely be an early test or challenge for most first year students — evaluating the role that alcohol may play in college life.

Because we know that the abuse of alcohol is strongly correlated with interfering with a

successful transition to college as well as many serious personal traumas, disappointments and failures experienced by college students, Providence College addresses its alcohol abuse prevention efforts seriously and with great care. In addition to consistently enforcing school policies, the College offers a comprehensive array of opportunities and resources for incoming students that promote smart decisions and a safe and dynamic student life experience. These include in part:

- Exciting late night and weekend social, recreational and service programming in PC's newly renovated and expanded Slavin Student Center
- Comprehensive alcohol education and prevention programs during the New Student Orientation Program and beyond that utilize a nonjudgmental approach and focus on making safer and smarter choices
- A range of support services and programming through the Personal Counseling Center, Student Health, Residence Life, Safety and Security, Student Conduct and the Dean of Student's office

We also know that parents play a critical role in the success of their students in college, particularly related to their choices about alcohol use. I would like to encourage you to partner with the College in our alcohol abuse prevention efforts in particular by discussing with your student your expectations about making healthy choices around alcohol and setting priorities while in school. Engaging in

this ongoing dialogue early will help ensure that communication lines remain open throughout the first year of college.

In support of that dialogue, I invite you to encourage your student to consider completing Providence College's online Alcohol eCHECKUP TO GO (eCHUG) program prior to his/her arrival on campus. This short, free, personalized and anonymous online prevention tool (available at www.providence.edu/echug) offers students a dynamic opportunity to examine and monitor their choices around alcohol and learn about available resources. Learning more about personal risk factors, helpful strategies and available resources empowers our students (whether they choose to drink or not) to become better informed members of our campus community. The Providence College eCHUG program is available for your review and for your students to complete and discuss at any time throughout their experience at PC. I hope it acts as a springboard to meaningful discussion with your students.

I look forward to seeing you and the Class of 2013 in the coming weeks and wish you the best for the remainder of the summer. I invite you to contact my office or any of the knowledgeable and dedicated Student Affairs staff about this or any other issues with which we can assist.

Welcome to the PC community.

Sincerely,

Chris Fortunato, JD, LCSW

Associate Vice President of Student Affairs & Dean of Students

(H1N1 - continued from page 1)

- Notify the Dean of Residence Life of late move-in and anticipated arrival date
- Notify the Academic Dean of late arrival and need for assistance with course registration
- Upon return to campus report first to the Student Health Center with medical documentation stating you are medically cleared to return to school
- For specific information regarding H1N1 please refer to the Student Health Center website: <http://www.providence.edu/Student+Life/Services+for+Students/Health+Center/General+Information.htm>

For questions or concerns contact: Koren Kanadian, Director of Emergency Management @ 401-865-1553

It's not too late...

Sign up for
TRANSFORMATIONS 2009
to meet other new students and explore your potential as a leader

SEPTEMBER 26-27
CAMP WOODSTOCK (CT)



\$ 100 registration fee covers cost of meals, lodging, and transportation

Registration materials and scholarship application available at:
<http://www.providence.edu/Student+Life/Student+Activities/Student+Leadership/Fall+Semester+Programs.htm>

Sponsored by the Lifelong Leadership Program (L3)

LET'S GET IT STARTED!

SOCIAL PROGRAMMING TO KICK OFF YOUR PC EXPERIENCE

WEDNESDAY, 9/2
Residence Hall Programming

THURSDAY, 9/3
Hypnotist Show & Ice Cream Social

FRIDAY, 9/4
COMEDY SHOW

SATURDAY, 9/5
"Taste of Providence" & Outdoor Movie

SUNDAY, 9/6
Carnival, BINGO, Intramural Tournaments, and MUCH MORE!

MONDAY, 9/7
Annual Trip to Newport

Mark your calendar - it's going to be a busy (and FUN) week!

Attention Class of 2013:
Join your classmates in the annual
Connections Retreat
for new students.
It's not too late to secure your spot!

Spend a weekend or a full day having fun, hearing about PC life from upper-class student leaders and making real connections with other new students - don't miss it!

Canoeing, great food, lodging, transportation, 'smores, new friends, a fresh outlook on college, people to sit with at Ray ... all for FREE!

The dates to choose from are:
CONNECTIONS I: Friday-Sunday, September 18-20
DAY OF CONNECTIONS: Saturday, September 26
CONNECTIONS II: Friday-Sunday, October 2-4

Register now at www.providence.edu/campusministry

It's all free, but space is filling up. You won't want to miss it!

Have questions? Want to know more about Connections?
Call us, email us, or visit us during Orientation in the lower level of St. Dominic's Chapel.
401.865.2216
chaplain@providence.edu
www.providence.edu/campusministry

MEET THE STAFF

OL '09



Jill MacKinnon '11
Hometown: Mansfield, MA
Major: History/Secondary Education
Favorite Book: "Harry Potter and the Deathly Hallows"

Favorite Color: Red
Favorite Team: New England Patriots
Favorite Place to Hang Out on Campus: The Slavin Information Desk



Andy Shea '10
Hometown: Watertown, CT
Major: English/Secondary Education
Favorite Food: Kraft Macaroni & Cheese

Favorite Vacation Spot: Vermont
Favorite Animal: Baby panda bears
Favorite PC Experience: "Opening for some of my favorite musical acts...I've been lucky enough to share the stage with Jason Anderson and Braddigan (of Dispatch)!"



Annie Melia '12
Hometown: Rockville Centre, NY
Major: Undeclared
Favorite Movie: Moulin Rouge
Favorite Season: Summer

Favorite Fast Food Restaurant: Pizza Hut
One Thing She Learned During Her First Year at PC: "How much fun intramurals are!"

For more OL profiles, visit www.providence.edu/Student+Life/New+Student+Orientation